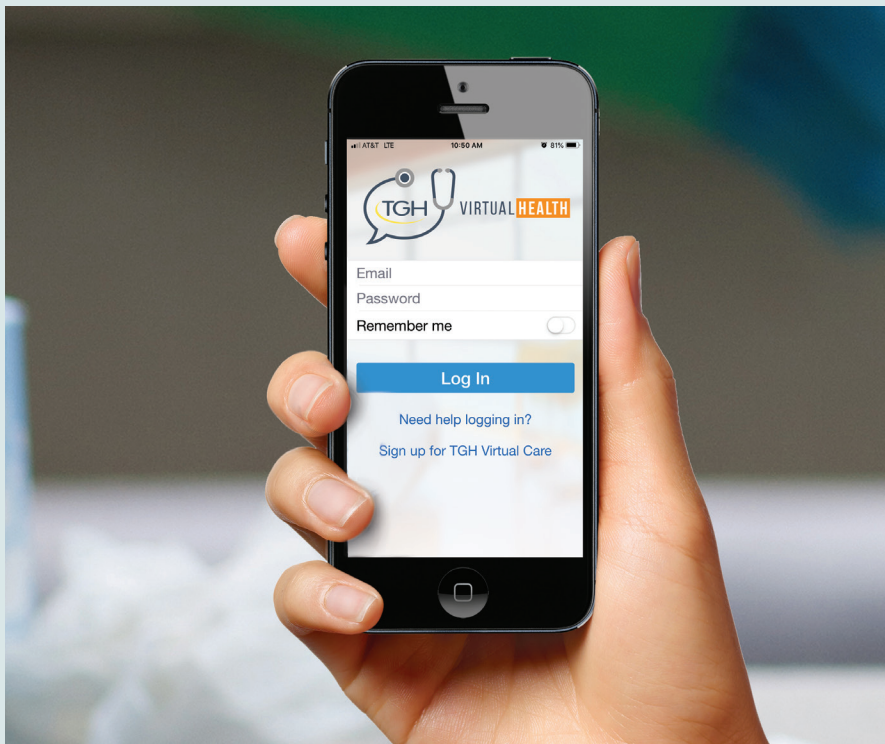


TGH VIRTUAL HEALTH

VISIT WITH A PROVIDER ANYTIME, ANYWHERE ON YOUR SMARTPHONE OR COMPUTER.

Using the TGH Virtual Health app, patients can explain their symptoms and receive a medical consultation from a trusted provider via voice and video in real time.

- Live, face-to-face care for adults and children
- Prescriptions can be sent directly to your pharmacy
 - Wait times average only 6 minutes
- Access to providers 24 hours a day, 365 days a year
- TGH Virtual Health Kit access: 8 a.m. to 8 p.m., 7 days a week



GET THE CARE YOU NEED:

- Sinusitis
- Sore throat
- Flu
- Cough
- Bronchitis
- Rash
- Asthma
- & More

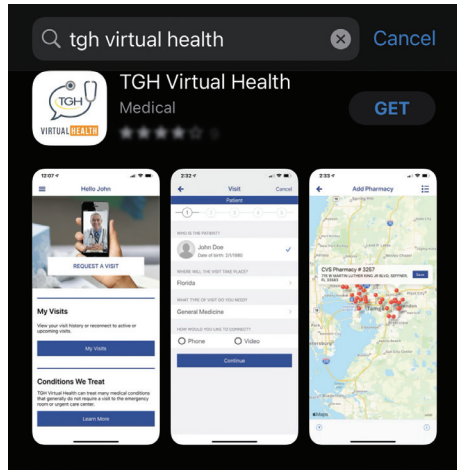
Available on iOS, Android and desktop

Download the TGH Virtual Health app or visit tghvirtualhealth.org



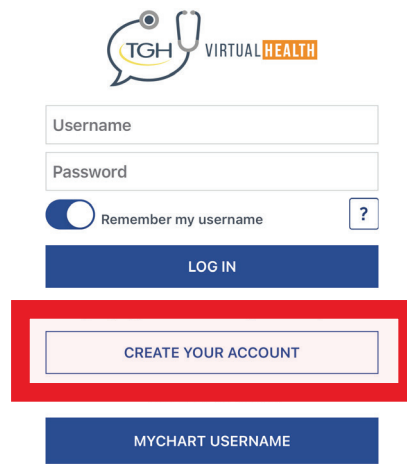
TGH VIRTUAL HEALTH HOW-TO GUIDE

STEP 1



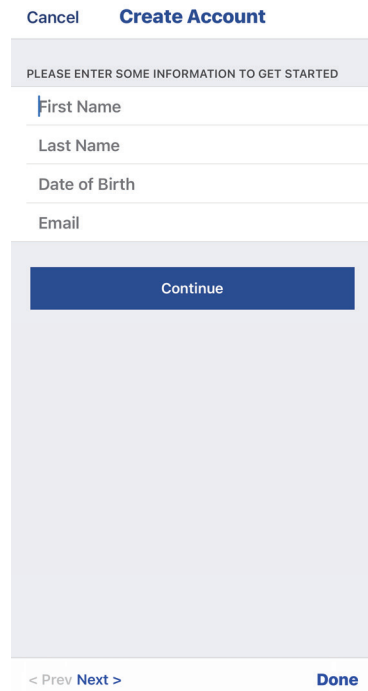
Download the TGH Virtual Health app from the iTunes or Google Play store.

STEP 2

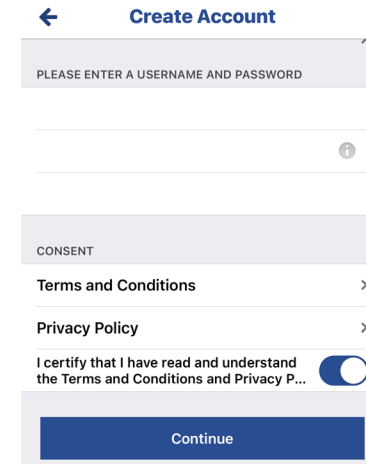


Select "Create Your Account."

STEP 3

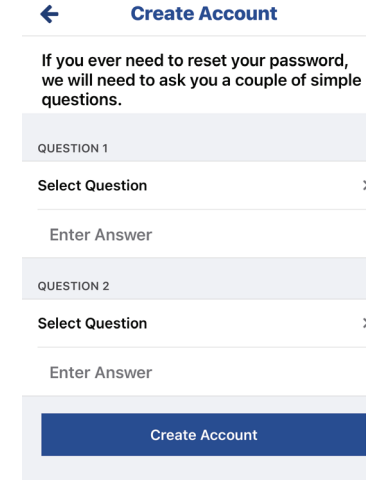


STEP 4



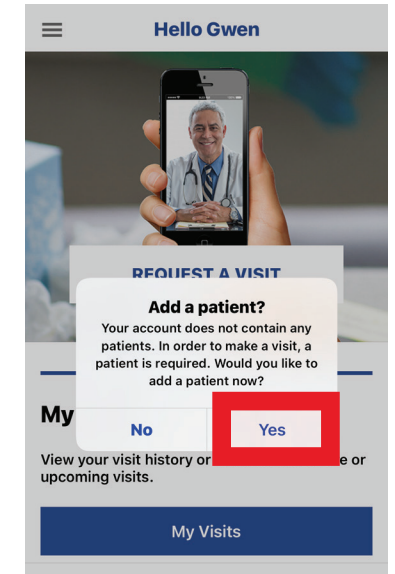
Create a username and password.

STEP 5



Select security questions.

STEP 6



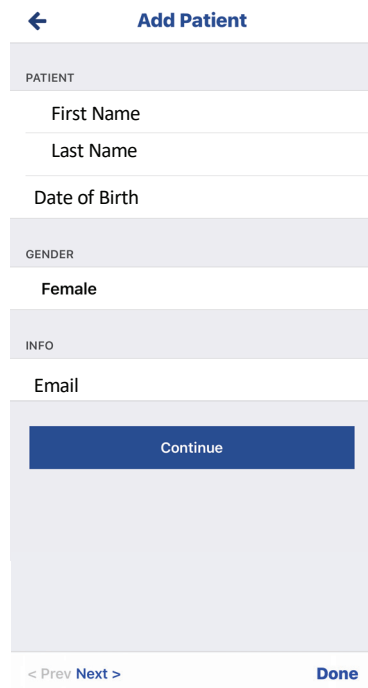
You have now created a user account and should add yourself and your dependents as patients before you close the app.

STEP 7

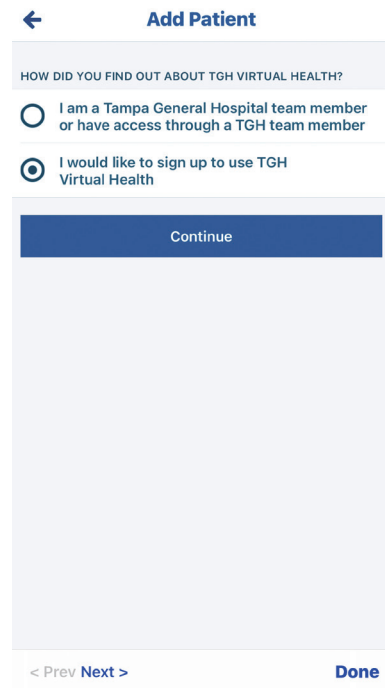


Select "Myself."

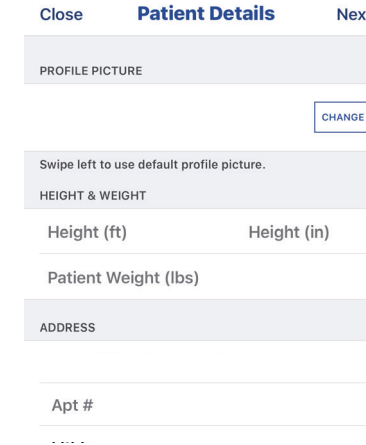
STEP 8



STEP 9

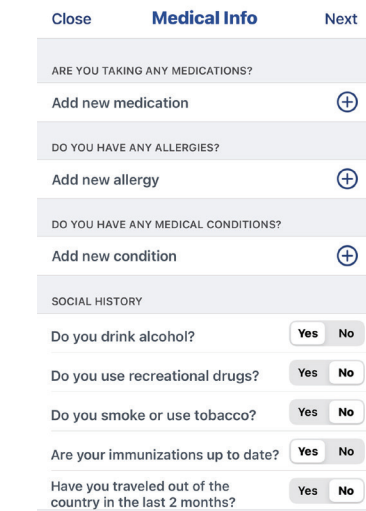


STEP 10



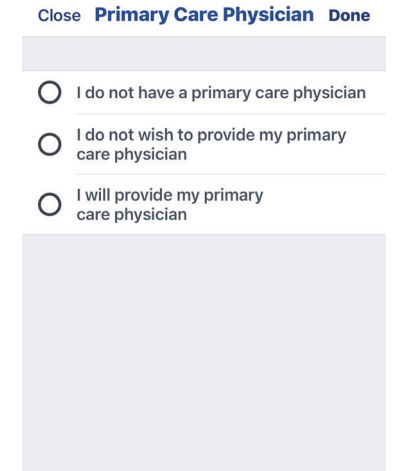
Enter your information.

STEP 11

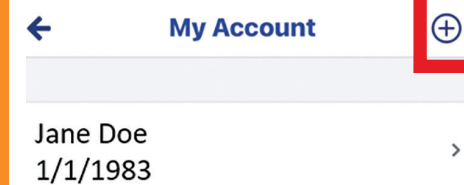


You can prefill and save medical information for future visits.

STEP 12



"I will provide my primary care physician," the next screen will let you enter their name and office information.



You are now added as a patient and can start using the service. Hit the plus sign to add dependents.



TGH VIRTUAL HEALTH BEHAVIORAL HEALTH



VIRTUAL HEALTH

TGH HAS PARTNERED WITH TELADOC TO PROVIDE BEHAVIORAL HEALTH SERVICES TO THE COMMUNITY.

Services are available through the TGH Virtual Health app, where adults can receive care for anxiety, depression, grief, family issues and more.

- Appointments are required and available 7 days a week
- Most appointments are scheduled within one week
 - Patient must be 18+
 - Psychiatrist (initial visit) — **\$200** per visit
 - Psychiatrist (ongoing visit) — **\$95** per visit
- Psychologist, licensed clinical social worker (LCSW), counselor or therapist — **\$85** per visit

**Psychiatrists CANNOT prescribe controlled substances.*

