# I.E Ratio Jotham Keffeler RN, BSN, ENT-P, CFRN

#### I:E Ratio

- > Inspiratory-to-expiratory time (I:E) ratio.
  - ➤ What You Need to Know → What is the "Total cycle time" or "Respiratory cycle time"
  - ➤ Total Cycle time= the total amount of time for one respiration/ventilation (inhalation and exhalation phases)
  - ➤ How to obtain Total Cycle Time: take 60 seconds and divide it by pt's <u>measured</u> respiratory rate
    - > Set Respiratory rate: What you plug into vent
    - Measured Respiratory rate: How many actual respirations the patient is taking.
      - ➤ 60 seconds in a minute ÷ measured respiratory rate of 20 = total cycle time of 3 seconds

#### I:E Ratio

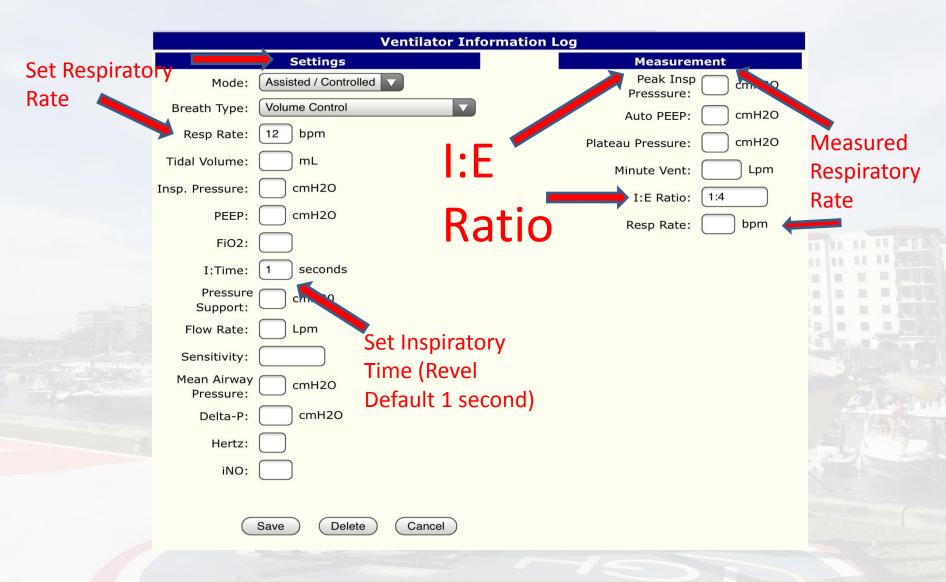
- > So for inspiration and expiration you have 3 seconds
  - ➤I:time (Inspiratory Time)- ReVel Adult default is 1 second (can be changed by you the practitioner)
  - ➤ E:time (Expiratory Time)- What's left over (3 seconds total cycle time minus 1 second inspiratory time)= 2 second expiratory time
  - ►I:E Ratio= 1:2
- > Respiratory Rate 15
  - > 60 ÷ 15 = 4 (total cycle time)
  - ➤ I= 1 second, E= 3 seconds, I:E Ratio 1:3
- Respiratory Rate 12
  - $> 60 \div 12 = 5$  (total cycle time)
  - > I= 1 second, E= 4 seconds, I:E Ratio 1:4

#### ReVel Ventilator

- I:E ratio populates through Scrolling Display
- Pausing Scrolling Display to evaluate I:E or any other measurement.
  - 1. Press "SELECT" button
  - 2. Rotate "Scroll Knob" to desired measurement.
- Exit "paused" display and return to scrolling display.
  - 1. Press "Exit" button.



### emsCharts Ventilator Box



#### Notes

- Infant ReVel default I:Time= 0.3 seconds
- Pediatric ReVel default I:Time= 0.7 seconds
- Measured I:E ratios will have decimal points
  - They are actual real time measurements that change dependent on patients measured respiratory rate.
  - Examples= 1:3.2, 1:4.1, 1:2.7, 0.7:2.3

## Little Gasparilla Pic. for all who couldn't make it.

